

Recognizing a Health Researcher who is **Changing the Face of New Brunswick**

Dr. Ann Beaton

Dr. Beaton is the recently renewed, 5 year, Tier 2 Canada Research Chair (CRC – www.chairs-chaires.gc.ca/chairholders-titulaires/profile-eng.aspx?profileid=2377) in Intergroup Relations and a Professor in the School of Psychology, Faculty of Health Sciences and Community Services at the Université de Moncton. She graduated from the University of Ottawa with her Bachelor and Ph.D. degrees before moving on to the University of Kent in the UK to do post-doctoral research at the Center for Research in Group Processes. She joined UdeM in 1996.



The CRC in Intergroup Relations has as its overall objective to examine the relationship between different social groups to better understand the factors that hinder and facilitate social inclusion. The research program aims to broaden our understanding of reactions to adversity due to social stigma and discover how these reactions transform individuals and their social environment. These issues are discussed in three different populations with unique challenges in terms of academic and labor.



Lab meeting with graduate and undergraduate students in Dr. Beaton's "Center for research in intergroup relations". Pictured from L to R: Josée Lanteigne, Samantha Burns, Myriam Johnson, Pascale D'Astous, Ann Beaton, Mélanie Léger.

- Disabled people who are trying to carve out a place in the labor market.
- Women who are facing adversity in the areas of non-traditional work.
- Aboriginal youth who are developing resiliency to improve their academic performance.

Social exclusion of members of a minority group deprives a society of their contribution to the economic, cultural and intellectual fabric. These consequences are costly for a small province such as New Brunswick that faces the challenges of a global knowledge economy. Social exclusion also harms the quality and conditions of life of individuals. It threatens the health and decreases the satisfaction and commitment to work. Therefore, research is carried out in close collaboration with non-profit organizations, employers and stakeholders in community health in order to contribute to public policy and develop programs focused on health and prevention. Listening and learning from each other in a participatory context is an important step in the journey towards a society that is inclusive.



In the last 12 years, Dr. Beaton has:

- received over \$1.5 million in research funding from agencies such as Social Sciences and Humanities Research Council (SSHRC), Canada Foundation for Innovation (CFI), and Canadian Institutes for Health Research (CIHR)
- trained and mentored over 40 graduate students
- contributed over 75 articles/book chapters, reports and presentations at national and international conferences

By recruiting talented researchers like Dr. Beaton to New Brunswick, we are contributing to the global effort to promote a healthy lifestyle and provide effective preventive health care services. We are also creating a robust research environment that will train our students to become the talented health researchers of tomorrow.

Please join us in saluting Dr. Ann Beaton, whose work seeks to improve the well being of New Brunswickers.

[www.nbhrf.com/
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